HARBOURSIDE YOUTH
FOUNDATION

Spring 2026 Newsletter



This year started with the opportunity to attend a two-day seminar on guns, gangs, and radicalization. It was eye-opening in ways I didn't expect, and it's what prompted me to reflect on something that feels more important than ever—what it means to be seen. Lately, I've been thinking about that a lot.

Not noticed. Not evaluated. Not fixed. But truly seen.

So many of us move through life shaped by expectations—learning how to perform, how to cope, or how to stay just under the radar. But underneath all of that is something deeper: a desire to be known for who we really are.

When someone takes the time to see us beyond our behavior—beyond our wins or our struggles—something shifts. We exhale. We soften. We begin to believe a truer story about ourselves. And from that place, real change can happen.

We are seeing more and more youth reaching out to be sponsored. This past spring break, we were able to sponsor four youth to attend camp, giving them a place to belong while also allowing their parents to continue working. This is exactly where your donations go. We've also been expanding our reach—into martial arts, the Take a Hike program, community gyms, CrossFit, and mountain biking—creating more opportunities for youth to step into environments where they can grow.

At Harbourside Youth Foundation, sport may be the doorway, but being seen is the impact. Everything donated helps a young person not only become active—but to be seen.



We're continuing to grow, and with that comes an opportunity for more facilities and programs to be part of what we're building. One of the ways we support youth is by connecting them with places in their own communities where they can move, train, and belong. We're building a network of partners—gyms, programs, and organizations—that youth can look through when choosing something that fits for them.
This isn't the only pathway, but it gives youth and families a place to start. If you run a facility or program and feel aligned with what we do, we would love to have you on board. There are no fees to be part of this. Partners are simply listed on our website with location details and how to connect with you. There is also an option to embed our athlete application form directly into your website if that's something you'd like to offer.If this is something that resonates, please reach out. We're always looking to expand the spaces where youth can be active, supported, and seen.
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If this resonates with you, and you'd like to be part of what we're building, we would love your support. Every donation, no matter the size, helps us continue to say yes to youth who are looking for a place to belong.

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